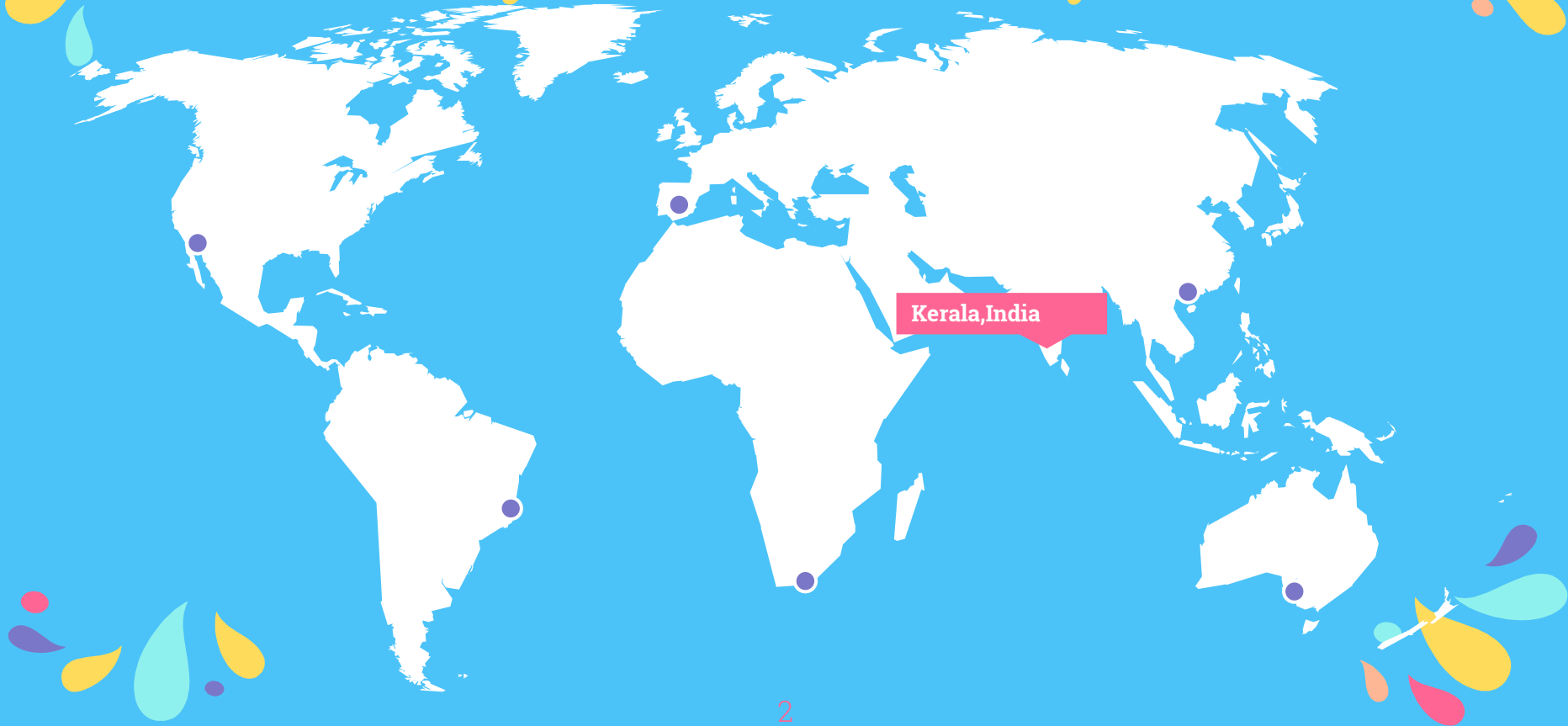


The background is a solid pink color. Scattered around the central text are several decorative elements resembling stylized flowers or leaves. These elements are in various colors: yellow, light blue, dark blue, white, and orange. Some are simple teardrop shapes, while others are more complex, multi-petaled designs. They are positioned in the corners and along the sides of the text, creating a balanced, symmetrical feel.

Ayurveda in India

Why did I choose this topic?



India: Country Facts

- * **23 Official Languages**
- * **2nd Highest Population**
- * **Home of Hinduism and Buddhism (heavily rooted in culture)**
- * **Considered the largest democracy in the world.**



South India



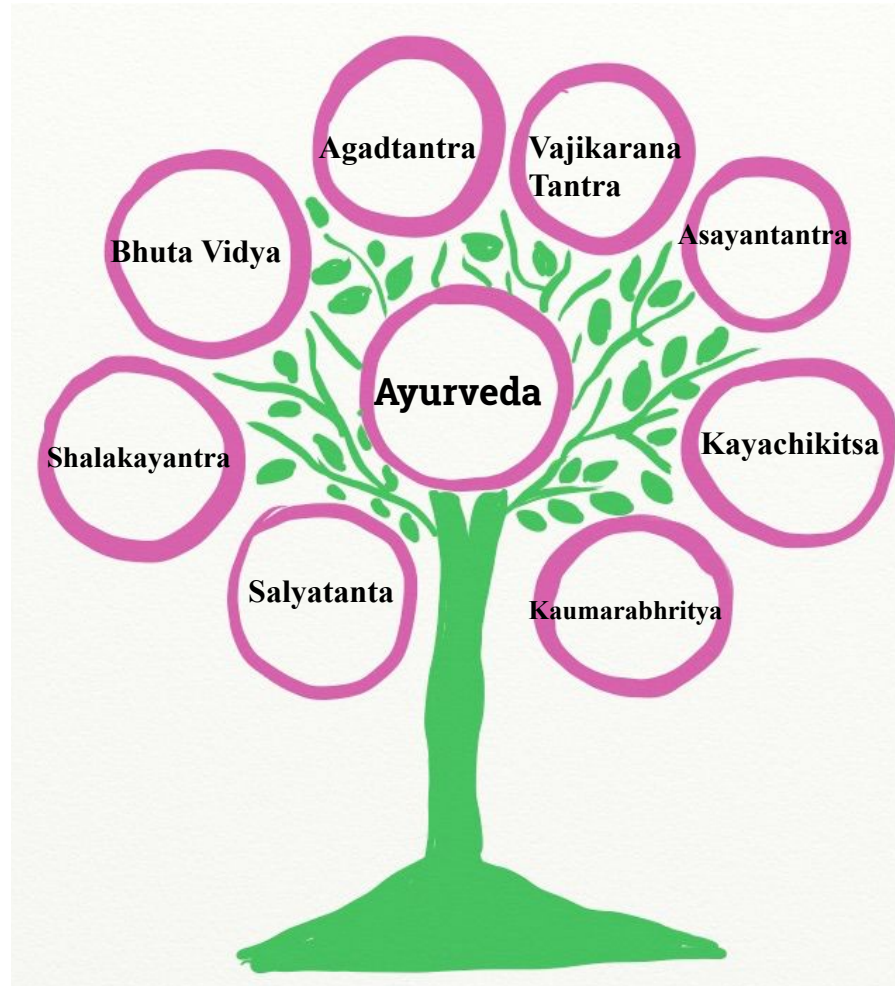
The background features several clusters of colorful, teardrop-shaped graphics in yellow, blue, pink, and orange, arranged around the central text.

What is Ayurveda?

History of Ayurveda

- **Religious roots**
- **Pre-colonialism**
 - Birth of the practice (South India)
- **European Missionaries**
 - British Medical Supplies were expensive, so local practices continued
- **Eventually, western biomedical approach was emphasized**
- **Today**
 - Treatment is primarily biomedical with supplementary Ayurvedic recommendations







Vata = physical factors of
an organism

Pitta = biochemical
processes of the body

Vata = the link between
the body and movement

Modern Ayurvedic Trends

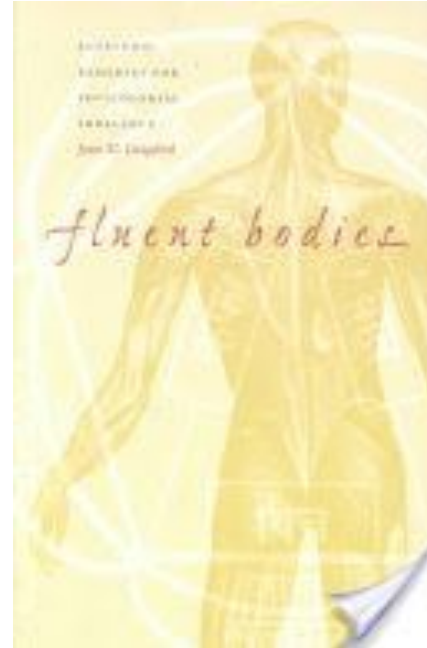




Although the biomedical approach encompasses a majority of South Asian medical practices, Ayurveda still plays a pivotal role in treatment.

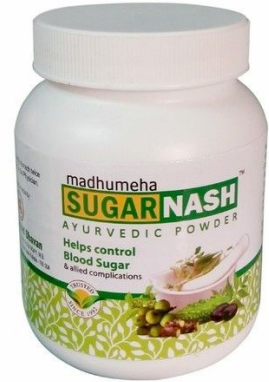
Fluent Bodies by Jean M. Langford

- What is the “Ayurvedic Truth”?
- Two Main Parts
 - Extensive interviews with physicians
 - How Ayurveda is taught in institutional settings
- Clinical fluid vs. Sonography Example

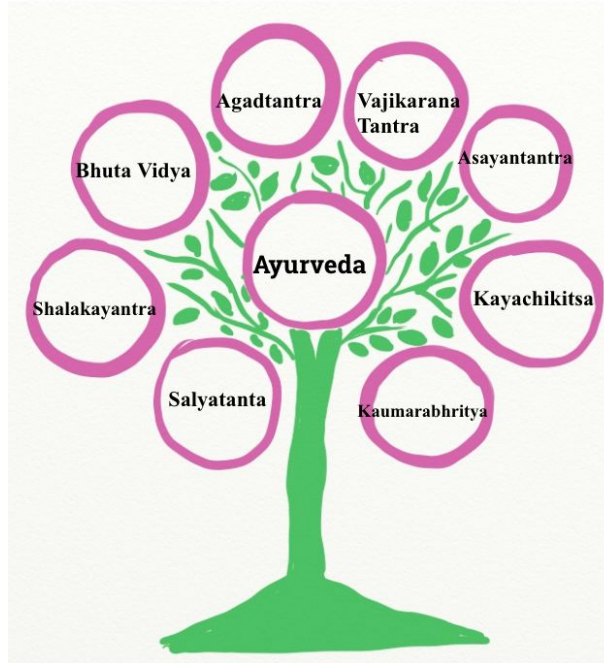


Medical Integration - Dr. Nisoula

- * **Ayurveda and Biomedicine integrated in:**
 - **Public health**
 - **Lifestyle advice**
 - **Medical Education**
 - **In addition to biomedical education**
 - **Drug Industry**
 - **Use of natural resources**
 - **Therapeutic Practices**
 - **PT vs Ayurvedic Massage**
- * **General Idea is to consult both biomedical and Ayurvedic doctors.**
 - **Lady with hemorrhoids**
 - **Man with psoriasis**



Common Theme - Culture Clash



- * Like Lia and Brazil story
- * Pre-colonialism vs postcolonialism attitudes.
 - Ayurveda tends to be one of the few things that are interwoven (in general)
 - Bhuta Vidya
 - India on mental health today
 - Vajikarana Tantra

Future Research Options

- * How does Ayurveda impact those of low-income populations?
 - Vaccines are being given.
 - Has become commercialized, making it less accessible.

